

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15		BASI Systems		BASI Systems	BASI Systems		
10:30		Pilates	BASI Systems	Yoga Alignment	BASI Systems	Yoga Basi Systems	
11:45						Basi Systems	
18:15	Yoga Alignment Prepostnatal	Yogaswings BASI Systems	BASI Systems Prepostnatal	BASI Systems Bouncing	Hatha Yoga BASI Systems		
19:30	BASI Systems	Hatha Yoga	Vinyasa		BASI Systems		
19:45	Pilates	BASI Systems Yoga zoom	BASI Systems	Pilates Pilates zoom			
21:00	BASI Systems	BASI Systems	BASI Systems Bouncing	BASI Systems			