

Από 23/09 έως 04/10						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00	Ενδυνάμωση	BASI Systems	BASI Systems	BASI Systems	BASI Systems	
10:10	BASI Systems	Yoga	BASI Systems	Pilates	BASI Systems	
11:20	Pre/Post Natal			Pre/Post Natal		
13:00			Online Equipment			
18:00	BASI Systems	BASI Systems		BASI Systems	BASI Systems	
19:20	Pilates	Yoga BASI Systems	Pilates	Yoga BASI Systems	Yoga BASI Systems	
20:30	BASI Systems	BASI Systems	BASI Systems	BASI Systems		