

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00	Ενδυνάμωση	BASI Systems	BASI Systems	BASI Systems	BASI Systems	
10:10	BASI Systems	Pilates	BASI Systems	Yoga	BASI Systems	
11:20	Pre/Post Natal		Yoga Swings	Pre/Post Natal		
13:00			Online Equipment			
18:00	Yoga BASI Systems	BASI Systems	BASI Systems	BASI Systems	Yoga BASI Systems	
19:20	Hybrid Pilates BASI Systems	Yoga BASI Systems	Pilates BASI Systems	Hybrid Yoga BASI Systems	BASI Systems	
20:30	BASI Systems		BASI Systems	BASI Systems		